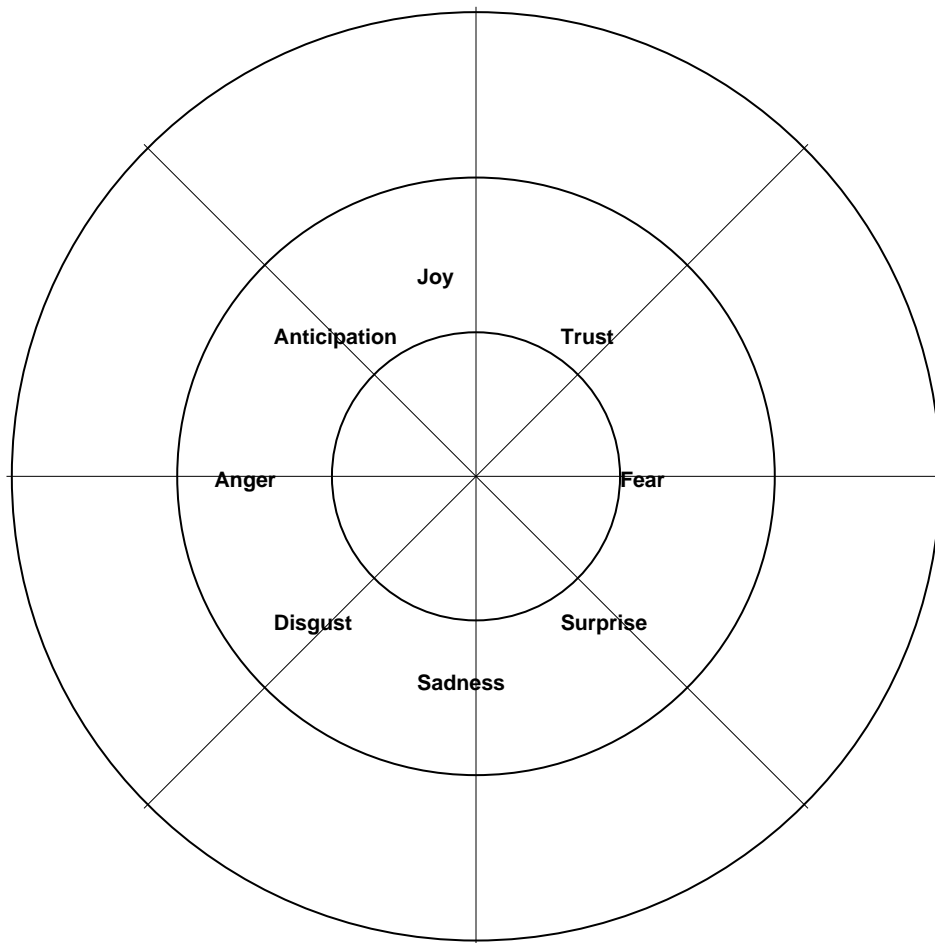


Printable Feelings Wheel

Choose a core feeling, then find a more specific word.



Check-in prompt: I feel... because...

Four horizontal lines for writing the response to the check-in prompt.